



Community
Living Alliance

CLA Care Solutions™

CLA Care Solutions™ offers customized home care services and care management for seniors and for people of all ages with disabilities and chronic conditions. We are a local nonprofit with over 20 years' experience helping people stay home and stay independent.

Services provided include:

- Chores
- Errands
- Laundry
- Pet Care
- Housekeeping
- Meal Preparation
- Grocery Shopping
- Care Management
- On-Call Personal Care Services
- Behavioral Health Counseling
- Transportation to and from Appointments
- Personal Care Services such as bathing and dressing
- Assistance with Exercise and Range of Motion Regimes
- Companionship Services — at home or accompany to outings or appointments
- Mail Sorting and Letter Writing
- Medical Assistance and Reminders



www.clanet.org



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